## Powhatan Nursing Home Activities Calendar Kathy Weinberg Activity Staff Join us in the Activity Room for events throughout this month! Calendar events are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
happy	stretch 11:00 Sing-A-Long 2:00 The sense of touch 3:00 20 questions	11:00 Volleyball 2:00 Hand massages 3:00 Bio of Isaac Asimov 4:00 SciFi shorts	stretch 11:00 St. John's the Beloved Mass Service 11:00 The tomb of Tu- tankhamen	stretch 11:00 Jeopardy <b>2:30 Monthly Birthday</b>	11:00 Bio of Louis Braille 2:00 Hand knitting 3:00 Puzzles	10:00 Morning News 11:00 Seated yoga 2:00 Bio of Joan of Arc 3:00 Movie: "Fiddler on the Roof" w/popcorn
11:00 Mark Powell 2:00 Puzzle time 3:00 Alphabet soup 4:00 Dominoes	stretch 11:00 Sing-A-Long	11:00 Volleyball 2:00 Recipe round up 3:00 Bake for the bake sale	stretch 11:00 Bingo 2:00 Make and eat monkey bread 3:00 Art from the heart 4:00 Memory Madness	10:00 Communion 11:00 Jeopardy 2:00 Make scented play doh 3:00 Morse code 4:00 Dominoes	stretch 11:00 St. Michaels Episcopal Church	13 10:00 Morning news 10:00 Pure Joy 2:00 National Geographic today 3:00 Movie: "Joyful Noise" w/popcorn
11:00 Crossword Puzzle 2:00 Cooking corner 3:00 Color wheel 4::00 Dominoes	15 10:00 Morning news/ stretch 11:00 Sing-a-Long 2:00 The sense of taste 3:00 Taste test 4:00 MLK's legacy  MLK Day	11:00 Volleyball 2:00 Chocolate sampler	stretch 11:00 Amazing inventions 2:00 Chip sampler 3:00 Winter craft project	10:00 Morning news 10:00 Communion 11:00 Jeopardy 2:00 Make ice cream 3:00 Word games 4:00 Dominoes	10:00 Morning news/ stretch 11:00 Resident council	10:00 Morning news 11:00 Seated Tai Chi 2:00 All about Penguins 3:00 "Mr. Poppers Penguins" w/popcorn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Mark Powell 2:00 Puzzles 3:00 Number games 4:00 Dominoes	stretch 11:00 Sing-A-Long 2:00 The sense of sound 3:00 Bio of Thomas	10:00 Morning news 11:00 Volleyball 2:00 Puzzles 3:00 Learn basic sign language 4:00 Memory matching	10:00 Morning news/ Stretch 11:00 Comedy duos 2:00 Make and eat rice krispy treats 3:00 Funny animals 4:00 The music of Neil Diamond and word games	10:00 Morning news 10:00 Communion 11:00 Jeopardy 2:00 Name that tune 3:00 The Winter	10:00 Morning news/ stretch 11:00 Volleyball 2:00 Mindful Coloring 3:00 The music of Mozart and Manicures	10:00 Morning news 11:00 Sit and be fit 2:00 The founding of the National Geographic So- ciety 3:00 Movie: "Sing" w/ popcorn
11:00 Mark Powell 2:00 Cooking corner 3:00 Beading 4:00 Dominoes	10:00 Morning news/ stretch 11:00 Sing-A-Long 2:00 The sense of sight	10:00 Morning news 11:00 Volleyball 2:00 Shaving cream art 3:00 The year 1988 4:00 Table tennis	31 10:00 Morning news/ Stretch 11:00 Bingo 2:00 Make and eat fruit pie 3:00 Art from the heart 4:00 Word games		* * * * * *	





## Powhatan Nursing Home January 2018 Activities Calendar

Kathy Weinberg, Lis Estrada, TK Luong (703) 538 2400

activities@powhatan-nursinghome.com www.powhatan-nursinghome.com

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