









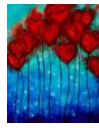












January 2018

Powhatan Nursing Home
Activities Calendar

Kathy Weinberg
Activity Staff

Join us in the Activity Room for events throughout this month! Calendar events are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>10:00 Morning news/ stretch 11:00 Sing-A-Long 2:00 The sense of touch 3:00 20 questions 4:00 Ellis Island</p> 	<p>2</p> <p>10:00 Morning news 11:00 Volleyball 2:00 Hand massages 3:00 Bio of Isaac Asimov 4:00 SciFi shorts</p> 	<p>3</p> <p>10:00 Morning news/ stretch 11:00 St. John's the Beloved Mass Service 11:00 The tomb of tankhamen 2:00 Kinetic sand 3:00 The 49th state 4:00 The animals of Alaska</p> 	<p>4</p> <p>10:00 Morning news/ stretch 11:00 Jeopardy 2:30 Monthly Birthday party w/Chris Edwards With cake and ice cream 4:00 Dominoes</p> 	<p>5</p> <p>10:00 Morning news/ stretch 11:00 Bio of Louis Braille 2:00 Hand knitting 3:00 Puzzles 4:00 Volleyball</p> 	<p>6</p> <p>10:00 Morning News 11:00 Seated yoga 2:00 Bio of Joan of Arc 3:00 Movie: "Fiddler on the Roof" w/popcorn</p> 
<p>7</p> <p>10:00 Morning news 11:00 Mark Powell 2:00 Puzzle time 3:00 Alphabet soup 4:00 Dominoes</p> 	<p>8</p> <p>10:00 Morning news/ stretch 11:00 Sing-A-Long 2:00 The sense of smell 3:00 What's that smell? 4:00 The music of Elvis Presley and word games</p> 	<p>9</p> <p>10:00 Morning news 11:00 Volleyball 2:00 Recipe round up 3:00 Bake for the bake sale</p> 	<p>10</p> <p>10:00 Morning news/ stretch 11:00 Bingo 2:00 Make and eat monkey bread 3:00 Art from the heart 4:00 Memory Madness</p> 	<p>11</p> <p>10:00 Morning News 10:00 Communion 11:00 Jeopardy 2:00 Make scented play doh 3:00 Morse code 4:00 Dominoes</p>  <p>6pm Visits With Pets</p>	<p>12</p> <p>10:00 Morning news/ stretch 11:00 St. Michaels Episcopal Church Service 2:00 Afternoon Tea 3:00 Puzzles 4:00 Volleyball</p> 	<p>13</p> <p>10:00 Morning news 10:00 Pure Joy 2:00 National Geographic today 3:00 Movie: "Joyful Noise" w/popcorn</p> 
<p>14</p> <p>10:00 Morning news 11:00 Crossword Puzzle 2:00 Cooking corner 3:00 Color wheel 4:00 Dominoes</p> 	<p>15</p> <p>10:00 Morning news/ stretch 11:00 Sing-a-Long 2:00 The sense of taste 3:00 Taste test 4:00 MLK's legacy</p> <p>MLK Day</p> 	<p>16</p> <p>10:00 Morning news 11:00 Volleyball 2:00 Chocolate sampler 3:00 Memory game 4:00 Puzzles</p> 	<p>17</p> <p>10:00 Morning news/ stretch 11:00 Amazing inventions 2:00 Chip sampler 3:00 Winter craft project</p> 	<p>18</p> <p>10:00 Morning news 10:00 Communion 11:00 Jeopardy 2:00 Make ice cream 3:00 Word games 4:00 Dominoes</p> 	<p>19</p> <p>10:00 Morning news/ stretch 11:00 Resident council 2:00 Coffee tasting 3:00 Mindful coloring 4:00 Volleyball</p> 	<p>20</p> <p>10:00 Morning news 11:00 Seated Tai Chi 2:00 All about Penguins 3:00 "Mr. Poppers Penguins" w/popcorn</p> 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>10:00 Morning news 11:00 Mark Powell 2:00 Puzzles 3:00 Number games 4:00 Dominoes</p> 	<p>22</p> <p>10:00 Morning news/ stretch 11:00 Sing-A-Long 2:00 The sense of sound 3:00 Bio of Thomas Gallaudet 4:00 Traditional Jazz music and trivia</p> 	<p>23</p> <p>10:00 Morning news 11:00 Volleyball 2:00 Puzzles 3:00 Learn basic sign language 4:00 Memory matching game</p>  <p>I Love You!</p>	<p>24</p> <p>10:00 Morning news/ Stretch 11:00 Comedy duos 2:00 Make and eat rice krispy treats 3:00 Funny animals 4:00 The music of Neil Diamond and word games</p> 	<p>25</p> <p>10:00 Morning news 10:00 Communion 11:00 Jeopardy 2:00 Name that tune 3:00 The Winter Olympics 4:00 Powhatan games</p> 	<p>26</p> <p>10:00 Morning news/ stretch 11:00 Volleyball 2:00 Mindful Coloring 3:00 The music of Mozart and Manicures</p> 	<p>27</p> <p>10:00 Morning news 11:00 Sit and be fit 2:00 The founding of the National Geographic So- ciety 3:00 Movie: " Sing" w/ popcorn</p> 
<p>28</p> <p>10:00 Morning news 11:00 Mark Powell 2:00 Cooking corner 3:00 Beading 4:00 Dominoes</p> 	<p>29</p> <p>10:00 Morning news/ stretch 11:00 Sing-A-Long 2:00 The sense of sight 3:00 Bio of Helen Keller 4:00 Memory Madness</p> 	<p>30</p> <p>10:00 Morning news 11:00 Volleyball 2:00 Shaving cream art 3:00 The year 1988 4:00 Table tennis</p> 	<p>31</p> <p>10:00 Morning news/ Stretch 11:00 Bingo 2:00 Make and eat fruit pie 3:00 Art from the heart 4:00 Word games</p> 			

Happy
New Year!



Powhatan Nursing Home January 2018

Activities Calendar

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