
















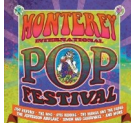
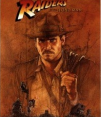


June 2017

Powhatan Nursing Home Activities Calendar

Kathy Weinberg, Carla Ceron and TK Luong
Activity Staff

Join us in the Activity Room for events throughout this month! Calendar events are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Hello JUNE</p>			<p>1 10:00 Morning news 10:00 Communion 11:00 Volleyball 11:30 Cook out 2:30 Monthly Birthday party w/Chris Edwards With cake and ice cream 3:30 Dominoes</p> 	<p>2 10:00 Morning news/ Morning Stretch 11:00 The year is 1981 2:00 Snack- Donuts 3:00 The music of Simon and Garfunkel and Word games</p> 	<p>3 10:00 Morning News 11:00 Seated exercise w/Joanne 2:00 Snack- Deviled eggs 3:00 Movie: "Some Like it Hot"</p> 
<p>4 10:00 Morning news 10:00 Joel Osteen 10:30 Catholic Mass 11:00 Crossword Puzzle and Mark Powell 2:00 Snack- Cheese and fruit 3:00 Dominoes</p> 	<p>5 10:00 Morning news/ Stretch 11:00 Sing-A-Long 2:00 Make and eat Gingerbread cake 3:00 Person, Place or Thing 4:00 Volleyball</p> 	<p>6 10:00 Morning news 11:00 Garden Club 2:00 Snack- Lemon and Lavender cupcakes 3:00 Make sachets</p>  <p>Anniversary of D Day</p>	<p>7 10:00 Morning news/ Stretch 11:00 Jeopardy 11:00 St. Johns the Beloved Mass Service 2:00 Snack- Chocolate ice cream 3:00 The Art of Paul Gauguin 4:00 Art from the Heart</p> 	<p>8 10:00 Morning News 11:00 Volleyball 2:00 Snack- Snickerdoodle cookies 3:00 It all happened in June 4:00 Memory Lane</p> 	<p>9 10:00 Morning news/ Stretch 11:00 St. Michaels Episcopal Church Service 2:00 Snack- Banana splits 3:00 The music of Cole Porter and Word games</p> 	<p>10 10:00 Morning news 10:00 Pure Joy volunteers 2:00 Snack- White Carnation parfait 3:00 Movie: "Judy Garland" movie</p>  <p>Belmont Stakes</p>
<p>11 10:00 Morning news 10:00 Joel Osteen 10:30 Catholic Mass 11:00 Crossword Puzzle 2:00 Snack- German Chocolate brownies 3:00 Dominoes</p>  <p>Nats vs Rangers</p>	<p>12 10:00 Morning news/ Stretch 11:00 Sing-a-Long 2:00 Snack - Peanut butter cookie sampler 3:00 Flower power</p> 	<p>13 10:00 Morning news 11:00 Volleyball 2:00 Snack- Cinnamon apple turnovers 3:00 Make flags</p> 	<p>14 10:00 Morning news/ Stretch 11:00 Pause for the Pledge and Jeopardy 2:00 Snack- Red velvet cake 3:00 Flag day trivia 4:00 Word games</p>  <p>Flag Day</p>	<p>15 10:00 Morning news 10:00 Communion 11:00 Volleyball 2:00 Snack- Mint Tea chillers 3:00 Sound garden 4:00 Finish the lyrics</p> 	<p>16 10:00 Morning news/ stretch 11:00 Garden Club 2:00 Snack- Fudge cookies 3:00 Music of the Monterey Pop Festival and Dominoes</p> 	<p>17 10:00 Morning news 11:00 Sentimental Reflections- Summer 2:00 Snack- Raspberry cake 3:30 Movie: "Raiders of the Lost Ark"</p> 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>10:00 Morning news 10:00 Joel Osteen 10:30 Catholic Mass 11:00 Famous Fathers 2:30 Father's Day Reception 3:30 Dominoes</p>  <p>Father's Day</p>	<p>19</p> <p>10:00 Morning news/ Stretch 11:00 Sing-A-Long 2:00 Snack- Make and eat cinnamon buns 3:00 The Emancipation Proclamation 4:00 Memory Madness</p>  <p>Juneteenth</p>	<p>20</p> <p>10:00 Morning news 11:00 Volleyball 2:00 Snack- Vanilla milkshakes 3:00 Bake for bake sale</p> 	<p>21</p> <p>10:00 Morning news/ Stretch 11:00 Jeopardy 2:00 Snack- Pina colada cake 3:00 Road Trips 4:00 Memory Lane</p>  <p>First Day of Summer</p>	<p>22</p> <p>10:00 Morning news 10:00 Communion 11:00 Volleyball 2:00 Snack- Onion Rings 3:00 Mindful coloring 4:00 Word games</p> 	<p>23</p> <p>10:00 Morning news/ Stretch 11:00 National Geographic The Great Pyramids 2:00 Snack-Chocolate brownies 3:00 Easy listening music and Upwords</p> 	<p>24</p> <p>10:00 Morning news 11:00 Make Pecan Pralines 2:00 Snack- Pralines and cream 3:00 Movie: "Chariots of Fire" w/popcorn</p> 
<p>25</p> <p>10:00 Morning news 10:00 Joel Osteen 10:30 Catholic Mass 11:00 Crossword puzzle 2:00 Snack- Strawberry shortcakes 3:00 Dominoes</p>  <p>Nats vs Reds</p>	<p>26</p> <p>10:00 Morning news/ Stretch 11:00 Sing-A-Long 2:00 Snack- Watermelon 3:00 Road trips 4:00 Scrabble</p> 	<p>27</p> <p>10:00 Morning news 11:00 Volleyball 2:00 Snack- Make and eat Orange blossom cookies 3:00 Make tie-dyed flags</p> 	<p>28</p> <p>10:00 Morning news/ Stretch 11:00 Jeopardy 2:00 Snack- Lemon bars 3:00 The humor pages 4:00 Memory madness</p> 	<p>29</p> <p>10:00 Morning news 10:00 Communion 11:00 Volleyball 11:30 Monthly Cook Out 2:00 Snack- Key Lime Pie 3:00 The Magic Kingdom 4:00 Jack Hanna Animal Adventures</p> 	<p>30</p> <p>10:00 Morning news/ Stretch 11:00 Garden club 2:00 Snack- Ice cream sodas 3:00 Easy listening music and Manicures</p> 	



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June 2017
Activities Calendar
Activities Staff — Kathy Weinberg, Carla Ceron and TK Luong
(703) 538 2400
activities@powhatan-nursinghome.com
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